

## OBJECTIVES

- Identify characteristics of organizations of the future concerning management of Health Care delivery.
- List three current changes seen in the nursing workforce in today's Health Care environment.
- Describe strategies to improve outcomes of late preterm infants.
- Describe diabetes during pregnancy.
- Define the sub-classification of late preterm infant.
- Discuss physical characteristics and vulnerabilities of the late preterm infant.
- Identify the influence of eating disorders on menstrual cycles and pregnancy.
- Describe the consequences of bariatric surgery on pregnancy.
- List long term consequences of premature birth.
- List the most frequent causes of re-hospitalization in the short term period.

## CREDITS

**Course Number:** CE20621009

Huntsville Hospital is a board approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Our approval status is valid through December 12, 2009. Provider Number: ABNP0278.

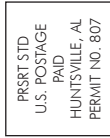
**Nursing Contact Hours:** 8.4

**Social Workers Contact Hours:** 7.0

## UPCOMING EVENTS

Jan. 23, 2010	Orthopaedic Conference
Feb. 12, 2010	Wellness Conference
Feb. 27, 2010	Cardiology Conference
April 3, 2010	Neurology & Neurosurgery Conference

For further information about Huntsville Hospital classes, go to [www.huntsvillehospital.org/educationandevents/](http://www.huntsvillehospital.org/educationandevents/) or call 256.265.8025.



Huntsville Hospital - Corporate University  
P.O. Box 1167 - Huntsville, Alabama 35807



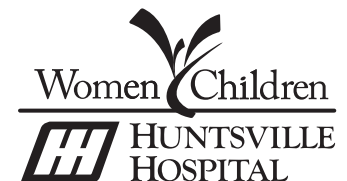
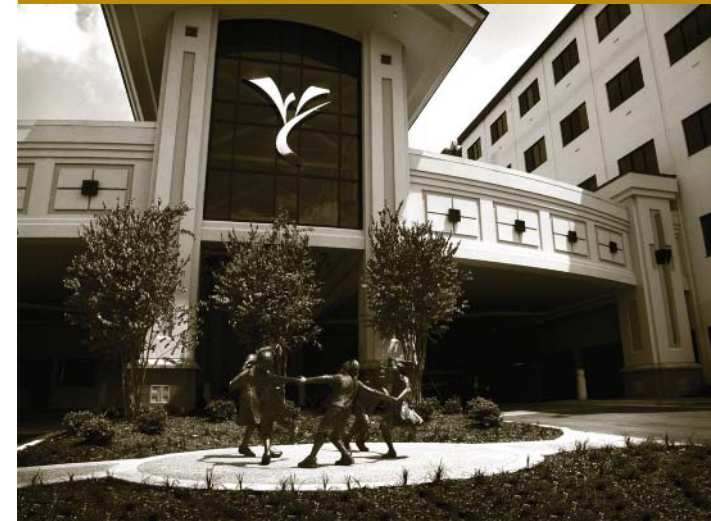
Huntsville Hospital for Women & Children  
presents

# 2009 10<sup>th</sup> ANNUAL PERINATAL CONFERENCE: *Meeting the Challenge*

Friday, November 20, 2009

7:15 a.m. - 4:30 p.m.

At the Dowdle Center in Huntsville, AL



# AGENDA

Huntsville Hospital for Women & Children is offering a one day continuing education conference on perinatal topics on Friday, November 20, 2009.

**Conference will be held at  
HUNTSVILLE HOSPITAL'S CORPORATE UNIVERSITY  
AT THE DOWDLE CENTER  
109 Governors Drive • Huntsville, AL • 256.265.8025  
(Corner of Gallatin St. & Governors Dr.)**

**Note:** The parking lot is at the corner of Longwood Dr. and Harvard St. or \$2.00 parking fee at the Spine & Neuro Center/Governors Medical Tower across the street from the Dowdle Center. Visit [www.huntsvillehospital.org](http://www.huntsvillehospital.org) for a map indicating the location of the parking.

7:15am-7:50am	Registration, Continental Breakfast & Exhibits
7:50am-8:00am	Welcome & Introduction
8:00am-9:00am	<u>Surviving &amp; Thriving in Change and Chaos</u> Terry Johnson
9:00am-10:00am	<u>The Late Preterm Infant</u> - Joe Biggio, MD
10:00am-10:15am	Break and Exhibits
10:15am-11:15am	<u>Diabetes and Pregnancy: before, during and after</u> - Joe Biggio, MD
11:15am-12:00pm	Lunch and Exhibits
12:00pm-1:00pm	Break-out Session I
A.	<u>What's New in the NICU: Immunonutrients/Targeted Oxygen Saturation</u> - Terry Johnson
B.	<u>Breastfeeding the Late Preterm Infant</u> - Glenda Dickerson
1:00pm-2:00pm	Break-out Session II
A.	<u>Management and Outcomes of Pregnancy following Bariatric Surgery</u> - Ralph Carson
B.	<u>Must you go...Can't You Stay? Safe and Timely Management of the Mother-Baby Discharge</u> - Terry Johnson
2:00pm-2:15pm	Break & Exhibits
2:15pm-3:15pm	<u>Divas in the Delivery Room</u> - Terry Johnson
3:15pm-4:15pm	<u>Socioeconomic Impact of Prematurity</u> Tara Gonzalez, MD
4:15pm-4:30pm	Closing comments & Evaluations

### Attention Non-Employees of Huntsville Hospital:

You must bring your nursing license number to receive credit for attending. Please present your number at sign-in for the activity. The Alabama Board of Nursing now requires that approved providers submit records of contact hours along with your nursing license number.

# SPEAKER INFORMATION

### Joe Biggio, M.D.

Dr. Biggio is an Associate Professor and Medical Director of Obstetric Service at the University of Alabama at Birmingham, University Hospital. He attended medical school at the University of Alabama at Birmingham and completed his residency in Obstetrics and Gynecology at UAB prior to his fellowships in Maternal Fetal Medicine and Genetics. He joined the faculty at UAB in 2003.

### Ralph Carson, R.D, B.S., B.H.S, Ph.D.

Dr. Carson has been involved in the clinical treatment of obesity and eating disorders for over 30 years. His unique background in health science and medicine coupled with nutrition and exercise has prepared him to integrate biophysiological intervention and proven psychotherapeutic treatment. Dr. Carson is currently the clinical nutrition director of Pine Grove Behavioral Health and Addiction Services in Hattiesburg, Mississippi and has recently published his first book: "Harnessing the Healing Power of Fruit."

### Glenda Dickerson, R.N., M.S., I.B.C.L.C.

Ms. Dickerson is the Lactation Services Manager at Brookwood Women's Medical Center in Birmingham, Alabama. Glenda has 30 years experience in maternal/infant nursing with over 20 of those years in lactation counseling. She served as the president of the Alabama Breastfeeding Coalition (ABC) 1999 through 2001. Actively involved in breastfeeding promotion and support throughout the southeast, Glenda teaches breastfeeding educator courses and speaks on a wide variety of topics at conferences.

### Tara Gonzales, M.D.

Dr. Gonzales is a Board certified Pediatrician and one of the Medical Science Directors for Medimmune LLC covering Florida, Alabama and Tennessee. Prior to joining MedImmune, she practiced clinical medicine for 18yrs, the last 10 in solo practice at Arbor Pediatrics, Pensacola, FL. She served as the Assistant Medical Director of Children's Medical Services in Pensacola and is an Associate Professor of Pediatrics for The Florida State University College of Medicine.

### Terry Johnson, R.N.C., A.R.N., N.N.P.-B.C., M.N.

Ms. Johnson is the founder of Lode Star Enterprises, Inc., a profession practice and educational service. Her clinical experience has included the NICU, Special Care and Normal Newborn Nursery, as well as Developmental Follow-up Services. A nationally known speaker, she is the recipient of several nursing association awards and has served on AWHONN's Advisory Committee for the Care of the Late Preterm Infant. In addition, she serves as a consultant to numerous health care industry partners.

# CONFERENCE COMMITTEE

Ellen Harris RN/Chair; Jennifer Brewington MSN; Lisa Carter MSN; Deborah Cooper RN; Shari Crowe RN,MPH; Tara Lake, RN; Donna Mielke, RN; Laura Thompson, RN

# REGISTRATION

Registration deadline for the Perinatal Conference is Monday, November 16, 2009. Partial credit not awarded. No refunds after November 20. Confirmation of registration is not automatically sent to participants; feel free to phone for confirmation.

\_\_\_\_\_  
First Name, Last Name (required)

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ABN License Number (required if applicable)

\_\_\_\_\_  
Employee ID# (Huntsville Hospital Employee Only)

RN  RT  SW  LPN  Others \_\_\_\_\_

\_\_\_\_\_  
Address

\_\_\_\_\_  
City State Zip

\_\_\_\_\_  
Phone and/or Email Address

Non-employee \$70.00

Huntsville Hospital, Athens Limestone & HGA employees \$60.00

Early bird special: \$10 off if registration & payment received by November 9th  
Do you prefer a vegetarian lunch? Yes  No

### Method of Payment:

Check  Cash  Credit/Debit Card

\_\_\_\_\_  
Card # Exp. Date

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Security Code Signature

### Mail registration form and payment to:

The Women's Center • Perinatal Conference  
120 Governors Drive • Huntsville, AL 35801

Checks payable to The Women's Center

**For more information, please call 256.265.7440**

*Please note:* Conference seating is limited. Registrations are processed in the order in which they are received. Attire for the conference is casual. You may want to bring a light sweater or jacket to ensure your comfort in meeting rooms.