

Huntsville Hospital System
Diabetes and Pregnancy Assessment Form

<i>Name:</i> _____	Age: _____	DOB: _____	Name of your glucose meter _____
<i>Referring Physician</i> _____			Result of blood glucose today _____

Preferred language English Other Preferred way to communicate: verbal written sign language other _____

Do you use any of the following contacts eye glasses hearing aids other _____

How would you rate your reading skills? good fair poor

Date of your Diagnosis: _____ Type of diabetes: Type 1, Type 2, Gestational

Have you had previous gestational diabetes? yes no If yes when _____

Have you had any previous diabetes education? yes no If yes when/where _____

How many people live with you? _____ How are they related to you? _____ Who do you rely on? _____

Highest Education Level: Highschool Bachelors Post Graduate Skills Trade Other _____

Exercise Habits: What type? _____ How long? _____ Times per week _____

What is your occupation? _____ Days of week you work _____ Shift _____

Employment issues _____ Home issues _____ Other stress issues _____

Previous diets _____ Who does food shopping? _____ Who cooks? _____

Times you eat out week _____ Places you eat out most often _____

Do you have cultural, religious or spiritual beliefs that affect how you eat or care for your body? _____

Height: _____ = _____ cm Weight: _____ lb = _____ kg Pre pregnancy weight: _____ lb _____ kg

Date Due: _____ Weeks of gestation: _____ Are you pregnant with twins or triplets? _____

Are you in pain today? yes no Location: _____ Intensity: (0-10) _____ Describe _____

Please list any additional medical conditions _____ Past surgeries _____

Do you currently smoke? Yes No Do you currently drink alcohol Yes No

Do you have abuse/neglect in your home? Yes No

Siblings with Diabetes: _____ Children with Diabetes: _____ Mother's Family: _____ Father's Family: _____

Have you received a flu shot in the past 12 month? Yes No

Including this pregnancy, how many times have you been pregnant? _____ How many living children do you have? _____

Did any of your babies weigh 8 lbs or more at birth? Yes No Do you plan to breastfeed? Yes, No

In the boxes below, please write the times you eat and and list of what you eat and drink for meals/snacks

Breakfast Time:	Snack Time:	Lunch Time:	Snack Time:	Supper Time:	Before Bed Snack Time:
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Patient Label	Patient Signature _____ Date _____ CDE _____ Date _____ Time _____
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