

Huntsville Hospital Diabetes Control Center Type 1 and Type 2 Assessment Form

Name: _____ Age: _____ D.O.B. _____ Preferred Language English _____

Do you have a pacemaker or other implants? yes no _____

Preferred way to communicate: verbal written other _____

Do you use any of the following contacts eye glasses hearing aids other _____

How would you rate your reading skills? good fair poor

Diabetes: type 1 type 2 Date of your diabetes diagnosis _____

Have you been hospitalized in the past 3 months regarding blood glucose? yes no _____

Do you have a working blood glucose meter? yes no Glucose meter name _____

Do you test your blood glucose? yes no Blood glucose range in past 30 days _____

How often do you check blood glucose? 1 time/day 2 or more times/day 1 or more time/week occasionally

When do you check your blood glucose? before breakfast before lunch/dinner 2 hours after meals before bedtime

What is your blood glucose target range? _____ Do not know

If your blood glucose is too high, what do you do to bring it down? _____

Do you check your urine or blood for ketones yes no Number of lows in past month _____

How do you treat your low blood glucose reactions? _____

If you get sick, do you do anything different for your diabetes? yes no _____

Previous diabetes education: Location _____ Date: _____ Reason: _____

Number in your household _____ How are they related to you? _____ Who do you rely on? _____

Highest education level: grade school highschool some college bachelors post graduate skills trade other _____

Check any done in past year: urine test for protein feet checked by doctor dental exam dilated eye exam

Have you had the seasonal flu vaccine? yes no pneumonia vaccine? yes no

Do you have cultural, religious beliefs that affect how care for your health? yes no _____

What are you most interested in learning about regarding diabetes? _____

Do you feel good about your general health? yes no _____

Do you feel diabetes interferes with your life? yes no _____

Do you feel you have control over diabetes complications? yes no _____

Do you struggle to make changes? yes no _____

What obstacles do you have in manage diabetes? _____

What word best describes how you feel about having diabetes? fear denial anger overwhelmed acceptance

Patient Label



Exercise habits: What type? _____ How long? _____ Times per week _____

What is your occupation? _____ Days of week you work _____ Shift _____

Employment issues _____ Home Issues _____ Other stress issues _____

Previous diets _____ Who does food shopping? _____ Who cooks? _____

Number of times you eat out per week _____ Places you eat out most often _____

Do you have cultural, religious or spiritual beliefs that affect how you eat or care for your health? _____

In the boxes below, please write the times you eat and and list of what you eat and drink for meals/snacks

Breakfast Time:	Snack Time:	Lunch Time:	Snack Time:	Supper Time:	Before Bed Snack Time:

Has your weight increased decreased remained same in the past 6 months?

What is the most you have ever weighed? _____

Pain: yes no Location: _____ Intensity: (0-10) _____ Describe: _____

Is your pain being managed by your doctor? yes no Comment: _____

Please check any of these that apply

- Vision Problems, Numbness, Pain, Tingling, Burning
- Bloating/Constipation/Diarrhea/Reflux, Kidney Disease,
- Foot Problems, Thickened nails, Sores, Ulcers, Swelling, Frequent Infections, Urinary Tract, Yeast
- Sinus Vascular Disease, Circulation Problems, Heart Disease,
- Stroke High Blood Pressure, High cholesterol, High triglycerides
- Asthma Thyroid Disease Arthritis Sexual difficulties
- Other Medical Conditions _____

Please list surgeries or procedures you have had:

Do you use tobacco? yes no # packs per day _____

Do you drink alcohol? yes no # drinks per week _____

Do you feel safe at home? yes no _____

Do any of your family members have diabetes? If yes, who? _____

How many times have you been pregnant? _____ Number of children born alive _____ Birth weight greater than 8 lb yes no



