



MORE JOLLY *LESS JIGGLE*

Join now for \$15

(per person, includes all joining fees and Dec dues, new members only)

(256) 265-9355

If better fitness or losing weight are on your Christmas list don't lose your momentum this holiday season. We can keep you motivated with lots of group classes and a modern, spacious workout gym. Each of our locations also offer a pool, a sauna, nutrition counseling, personal training and child care. No pressure, no annual contract and no competition. We just want to see you succeed.

Locations:

Medical Mall | Jones Valley | Madison

 **Wellness Center**