



SURGERY INSTRUCTIONS

PARKING AND CHECK-IN FOR:

- HUNTSVILLE HOSPITAL** - For outpatient surgery, arrive at the front entrance on Gallatin Street. Free valet parking is available. If staying the night, park in the Visitor Garage off Gallatin St. **DO NOT GO TO ADMITTING;**
1st Floor -- take elevator by admitting to the **1st** floor surgery waiting room, where a receptionist will greet you.
3rd Floor -- Turn right after passing through the revolving front door. Look for signs directing you to the “C” elevators. The “C” elevators are located past the gift shop on the ground floor. Upon exiting the elevator, turn right to check in desk.
- RADIOLOGY AT HH** – Arrive at front entrance on Gallatin Street. Report to the admitting office.
- WOMEN AND CHILDREN HOSPITAL** - Parking available at ground level. Check-in with Admitting on the 1st floor by entering through revolving door and turning left. Labor and Delivery patients report straight to the 2nd floor.
- GOVERNORS MEDICAL TOWER** – Enter the parking garage from Gallatin Street. Report to the Outpatient Surgery Center on the 2nd floor.
- MADISON HOSPITAL** – Park in front parking lot. Enter building through revolving door. Take the elevator to the 2nd floor and check in at the desk in the surgery waiting room.

TO DO:

- Follow the guidelines provided on **Eating and Drinking** before your surgery. Your doctor may have different guidelines. If so, follow your doctor’s instructions. This prevents vomiting and inhaling stomach contents into your lungs. Your surgery may be delayed or cancelled if guidelines are not followed.
- **Morning of Surgery**
 - ✓ Shower and wash hair. Do not apply lotions, powders, hairspray or makeup. If given instructions with special soap, please follow those instructions.
 - ✓ Take morning medications with a sip of water. Do not take **DIABETIC** medication the morning of surgery. If you take a Blood Pressure Medication that is considered an **ANGIOTENSIN II RECEPTOR BLOCKER (ARB)** or **ANGIOTENSIN CONVERTING ENZYME (ACE) INHIBITOR**, do not take within 8 hours prior to arrival at hospital. Herbal medications need to be discontinued 10-14 days prior to surgery. Some blood thinners also need to be discontinued. Check with your surgeon about discontinuing blood thinners.
- **Outpatients**
 - Wear loose comfortable clothing that you can wear home
 - **MUST** have a responsible person to stay at the facility during your procedure and drive you home
 - **Please be aware that Medicare may not reimburse routine home medications taken while in the hospital for an outpatient surgery.**
- **Admissions** – leave suitcase locked in car for your family to bring to your room after your surgery
- Bring your C-PAP or Bi-PAP machine if staying over night
- Bring/wear a clean pair of cotton socks to wear during surgery
- Bring a copy of your Advanced Directive (living will)
- Bring current medications in original container if containers/list not provided at pre-admission visit
- Contact your surgeon’s office if there is any change in your physical condition before surgery (cold/flu, etc)

NOT TO DO:

- DO NOT wear any make-up or jewelry (this includes piercings)
- DO NOT bring money or valuables
- DO NOT wear contact lens into the operating room. Bring your lens case or wear your glasses
- If the Pre-Admission Center has placed armbands on you, **DO NOT TAKE THEM OFF OR ALLOW TO BECOME DAMAGED.** Blood will be redrawn if armbands cannot be read, or they have been removed
- DO NOT shave your surgery site at home unless instructed to do so by your surgeon

WHAT TO EXPECT IN THE PRE-OPERATIVE AREA:

- Your surgery site may be marked by your surgeon
- Hair may be removed from the surgery site with a clipper
- Your anesthesiologist will visit and talk about your health history

These are general instructions. If your surgeon’s office told you anything different, please do what they say.

Huntsville Hospital Health System includes Huntsville Hospital, Huntsville Hospital for Women & Children and Madison Hospital