

SURGERY INSTRUCTIONS

PATIENT DROP OFF, PARKING & CHECK-IN:

☐ HUNTSVILLE HOSPITAL

101 Sivley Road • Huntsville, AL 35801

Go to Gallatin Street and pull into the semi-circular driveway near the fountain. Proceed to the covered patient drop-off area. After dropping off patient at the revolving door, turn right out of the semi-circle and make another right to enter the visitor parking garage. After parking, take the elevators to the ground floor and go to the lobby. Take the elevator by Admitting to the 1st floor Surgery Waiting Area. A receptionist will greet you. Before leaving, be sure to purchase a \$2 parking token from a dispenser near the parking garage elevators.

☐ ORTHOPEDIC & SPINE TOWER

200 Sivley Road • Huntsville, AL 35801

From Gallatin Street, turn onto Sivley Road and use the semi-circular driveway at the tower entrance. After dropping off patient at the revolving door, turn right out of the driveway and make another right into the parking deck. At the gate, deposit \$2 parking fee (cash, credit card and HH tokens accepted). If the machine will not take your payment, press CALL button. After parking, take elevators to the ground floor and meet the patient at the registration desk. A clerk will escort you to the Surgery Department.

☐ HH FOR WOMEN & CHILDREN

245 Governors Drive SW • Huntsville, AL 35801

Enter from Governors Drive or California Street and proceed to the covered patient drop-off area near the revolving front door. If you cannot find free surface parking after dropping off the patient, there is a gated lot on the west side of the hospital where you can park for \$2. Labor & Delivery patients should report directly to the 2nd floor; all other patients should check in with Admitting (after entering through the revolving door, go to the left).

☐ GOVERNORS MEDICAL TOWER

201 Governors Drive SE • Huntsville, AL 35801

Enter the parking garage from Gallatin Street. After parking, report to the Outpatient Surgery Center on the 2nd floor. Before leaving, be sure to purchase a \$2 parking token from a dispenser near the parking garage.

☐ MADISON HOSPITAL

8375 Hwy. 72 W • Madison, AL 35758

Park in front of the hospital and enter through the revolving front door. Take the lobby elevator to the 2nd floor, go to the left and check in at the Surgery Waiting Room desk.

PRE-SURGERY CHECKLIST:

- ☐ Carefully read the Pre-Anesthesia Eating & Drinking Instructions handout before your surgery. These instructions will help prevent vomiting and inhaling stomach contents into your lungs during surgery. Your procedure may be delayed or canceled if the guidelines are not followed. If your doctor has given you different instructions, follow his or her guidelines.

Morning of Surgery

- ☐ Shower and wash your hair. Do not apply lotions, powders, hair spray or makeup. If you were told to use a special antibacterial soap, please follow those instructions.
- ☐ Take morning medications with a sip of water. Herbal medications need to be discontinued 10-14 days prior to surgery. Check with your surgeon if you take blood thinners, as it may need to be discontinued prior to surgery. See back of Pre-Anesthesia Eating & Drinking Instruction sheet for detailed instructions on other specific medications. If you have a blood glucose monitoring system, it may need to be removed prior to surgery.

Before leaving for the hospital

- Wear loose, comfortable clothing that you can wear home following surgery.
- You MUST have a support person stay at the facility during your procedure and drive you home.
- Bring a copy of your Advanced Directive (Living Will).
- Bring all medications you are currently taking in their original container (if you did not do this at your Pre-Admission visit).
- If you use a C-PAP or Bi-PAP machine, bring it with you.
- If you have an implanted stimulator, bring your remote with you.

- Please be aware that Medicare may not reimburse routine home medications taken while in the hospital for an outpatient surgery.
- Contact your surgeon's office if there is any change in your health before surgery (cold or flu symptoms, etc.)
- *Patients scheduled to stay overnight following surgery:* Leave your suitcase in the car. Your family can bring your suitcase up to the room later.

OTHER IMPORTANT REMINDERS

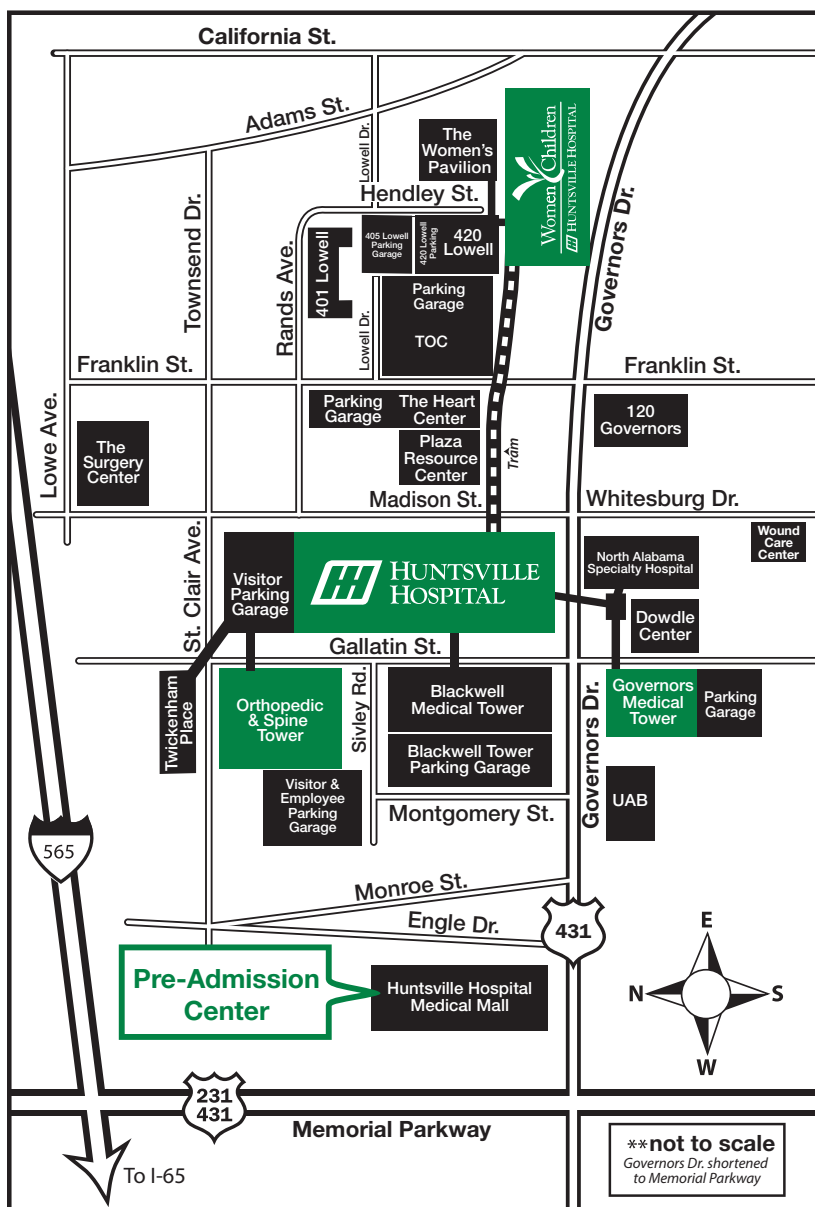
- DO NOT wear makeup or jewelry to the hospital (this includes piercings and artificial lashes).
- DO NOT bring money or valuables with you.
- DO NOT wear contact lenses into the operating room; bring a lens storage case or wear glasses.
- If the Pre-Admission Center placed armbands on you, DO NOT TAKE THEM OFF OR ALLOW TO BECOME DAMAGED. If your armbands have been removed or cannot be read, we will have to draw a new blood sample.
- DO NOT shave your surgery site at home unless instructed to do so by your surgeon.
- DO NOT smoke on the day of your surgery.

WHAT TO EXPECT IN THE PRE-OPERATIVE AREA

- Your surgery site may be marked by your surgeon.
- Hair may be removed from the surgery site with a clipper.
- The anesthesiologist will visit to discuss your health history.

These are general pre-surgery instructions for Huntsville Hospital, HH for Women & Children and Madison Hospital. If your surgeon has given you instructions that differ from this handout, please follow his/her directions.

Huntsville Hospital Medical District



Madison Hospital Campus

