

WELLNESS SERVICES

By identifying and reducing employees' health risks, employers can decrease their health care costs. The Corporate Wellness team takes a proactive approach to employee health with customized screenings and health education at the job site. Together, employers can take an active role in ensuring employee health, lowering health care costs and keeping employees healthy, productive and on-the-job.

From assessment to developing a customized plan, the Corporate Wellness team of nurses and support staff can provide complete wellness program management. Here are some of the onsite testing and services that Corporate Wellness can provide:

- Biometric screenings, including:
 - Lab work (blood, urine and saliva)
 - Blood pressure management programs
 - Height, weight and Body Mass Index (BMI)
 - Body fat analysis
 - Vision testing
 - Bone density
- Educational programs/lunch and learns
- Table top demonstrations
- Wellness campaigns/challenges
- Vaccine clinics (Flu, Hepatitis)
- TB skin testing

- Disease management programming
- OSHA audiometric testing
- OSHA pulmonary function testing
- Online Personal Health Desktop (US Health Center):
- One-on-one health coaching
- On-site and near-site medical clinics

On-site and near-site medical clinics are quickly becoming the proactive solution for organizations seeking to control health care costs. An on-site medical clinic is an area physically located in the company. This can reduce time off for the employee and time lost for the employer.

Near-site medical clinics are a great way to control health care costs to share the cost of a clinic by partnering with a group of companies. This model could include employee's spouses and dependents for primary care service. One example is the Local Government Employee Health Clinic (LGEHC), which services Madison County Commission and Huntsville Utilities. The second near-site clinic is the Employee Health Clinic at Research Park.

Available in certain markets:

Corporate Wellness • Working Fit



TESTIMONIAL

"We have enjoyed so much working with HH Corporate Wellness. They have been extremely helpful in helping us set up our Wellness Screening and Coaching sessions. It has really made a difference in how our employees view their health and I think it is largely attributed to the staff at HH Corporate Wellness."

Janice Capshaw

Huntsville Utilities, Vice President Human Resources