

PERSONAL TRAINING AGREEMENT

We know that your path to wellness needs to be as individualized as you are.
That's why we've created Personal Training Packages.

Introductory Package (one package per membership) **\$68**
Includes an initial consult and 3 half-hour appointments with your trainer.

1 HOUR PACKAGES (\$42/hour)

Twelve Sessions **\$504**
 Eight Sessions **\$336**
 Four Sessions **\$168**

HALF HOUR PACKAGES (\$24/half hour)

Twelve Time-Saver Sessions **\$288**
 Eight Time-Saver Sessions **\$192**
 Four Time-Saver Sessions **\$96**

PARTNER PACKAGES (\$30/person/hour)

Twelve Partner Sessions **\$360 per partner**
 Eight Partner Sessions **\$240 per partner**
 Four Partner Sessions **\$120 per partner**

Rules and Regulations for Personal Training:

Training sessions can be used at any interval.

Packages/sessions expire 1 year from the date of purchase.

Clients must give 24 hours notice to the Wellness Center if canceling an appointment or they may be charged for the appointment.

Partial credit cannot be used toward a new package purchase, but can be applied to additional personal training sessions at the package rate.

In Partner sessions, if your partner cancels without penalty and you decide to utilize the appointment individually then you will be charged the individual rate of \$38 for the hour session. Also, Partner sessions must be 1 hour in length. (Half-hour partner sessions are not offered.)

Personal Training clients must be members of the Wellness Center.

Individual Sessions: Sessions may be purchased individually at the time of service at the following rates:

1:1 hour session	\$49
Half hour session	\$33
Partner hour session	\$38 per partner

I understand the rules and regulations and do hereby grant permission to Huntsville Hospital Wellness Center to charge to my account my personal training services.

Date _____ Signature _____